

# Whole Grain Vegetable Egg Roll (3oz)



**DESCRIPTION:**

An authentic gourmet Chinese Egg Roll With a blend of delicious vegetables with a hit of aromatic seasoning in a hand-made pastry lightly fried to golden perfection.

**FOOD BASED EQUIVALENCY:**

One egg roll provides 1 oz Grain equivalent and 1 serving of Vegetables (1/4 Cup)

**HEATING INSTRUCTIONS:**

- Place in a sheet pan and bake at 400° for about 20-25 min. or until crispy and golden brown.

**INGREDIENTS:**

**FILLING:** Cabbage, Carrot, Textured Vegetable Protein (Soy Flour), Celery, Sugar, Corn Starch, Salt, Speices, Sesame Seed Oil, Flavor Enhancer (Maltodextrins, Sodium Chloride, Disodium Inosinate, Disodium Guanylate, Thiamine Hydrochloride, Citric Acid [Silicon Dioxide]), Sodium Tripolyphosphate. Fried in Cottonseed Oil.

**EGG ROLL WRAP:** Whole Wheat Flour, Wheat Flour, Salt, Vegetable Oil.

**Contains:** WHEAT, SOY  
**NO TRANS FAT**  
**NO MSG**

Nutrition Facts	
Serving Size 1 egg roll (85g/3oz)	
Servings Per Container 84	
Amount Per Serving	
<b>Calories</b> 170	Calories from Fat 30
<b>% Daily Value*</b>	
<b>Total Fat</b> 3.5g	<b>5%</b>
Saturated Fat 1g	<b>5%</b>
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 260mg	<b>11%</b>
<b>Total Carbohydrate</b> 29g	<b>10%</b>
Dietary Fiber 4g	<b>16%</b>
Sugars 4g	
<b>Protein</b> 7g	Not a significant source of protein
Vitamin A 15%	Vitamin C 20%
Calcium 4%	Iron 10%
* Percent Daily Values are based on a 2,000 calorie diet. Your daily values may be higher or lower depending on your calorie needs:	
	Calories: 2,000 2,500
Total Fat	Less than 65 g 80 g
Saturated Fat	Less than 20 g 25 g
Cholesterol	Less than 300 mg 300 mg
Sodium	Less than 2,400 mg 2,400 mg
Total Carbohydrate	300 g 375 g
Dietary Fiber	25 g 30 g
Protein	50 g 60 g
Calories per gram: Fat 9 • Carbohydrate 4 • Protein 4	

I certify this information is true and correct:



Grant K. Kwok  
 President

July 1, 2018  
 Date

\*\*Effective for one year from date signed\*\*

\*Actual Nutritional Facts may vary depending on preparation

Product Code	Description	U/M	Count	Net Weight (Lbs)
OFC-2262	Whole Grain Vegetable Egg Roll	3.0	84	15.75



## **Pack Information - 15.75 lb COMMERCIAL**

**Pack:** 1 Bag of 84 pc 3.0 oz WG Vegetable Egg Rolls.

**Case Net Wt. (Lbs):** 15.75 lbs

**Case Gross Wt. (Lbs):** 16.75 lbs

**Case Dimension:** 5.25X13X4.5

**Case Cube:** 0.177

**Cases/Pallet Layer:** 8

**Layers/ Pallet:** 15

**Cases/ Pallet:** 120

## **Shelf Life**

**Frozen:** 2 years

**Refrigerated:** 3 days

**GTIN-12**

**Commercial:** 602573180051

**Note:** Product not intended to be eaten cold. See Cooking Instructions